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Teams are divided according to age classifications as defined by Youth Lacrosse of Arizona. Age divisions are designed to encompass no more than a 24-month age span and keep athletic development levels balanced.

- 8U - K-2nd Grade** {must be 8 or under before 04/15/2025}
- 10U - 3rd-4th Grade** {must be 10 or under before 04/15/2025}
- 12U - 5th-6th Grade** {must be 12 or under before 04/15/2025}
- 14U - 7th-8th Grade** {must be 14 or under before 04/15/2025}

AGE GROUPING QUICK REFERENCE TABLE

For play occurring between January 25, 2025 - March 29, 2025 Player must be within age division by April 15, 2025

BIRTH MONTH	BIRTH YEAR									
	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010
JANUARY	8U	8U	8U	10U	10U	12U	12U	14U	14U	
FEBRUARY	8U	8U	8U	10U	10U	12U	12U	14U	14U	
MARCH	8U	8U	8U	10U	10U	12U	12U	14U	14U	
APRIL	8U	8U	8U	10U 8U	10U	12U 10U	12U	14U 12U	14U	HS 14U
MAY	8U	8U	8U	8U	10U	10U	12U	12U	14U	14U
JUNE	8U	8U	8U	8U	10U	10U	12U	12U	14U	14U
JULY	8U	8U	8U	8U	10U	10U	12U	12U	14U	14U
AUGUST	8U	8U	8U	8U	10U	10U	12U	12U	14U	14U
SEPTEMBER		8U	8U	8U	10U	10U	12U	12U	14U	14U
OCTOBER		8U	8U	8U	10U	10U	12U	12U	14U	14U
NOVEMBER		8U	8U	8U	10U	10U	12U	12U	14U	14U
DECEMBER		8U	8U	8U	10U	10U	12U	12U	14U	14U

Birthdate is the determining factor for placement. | Game formats are designed to be developmentally appropriate.